



**Materials:** Sweater (100% wool) Thread to match sweater

*optional:* Wool fibers Felting needles



1. Make sure your sweater is 100% wool.



2. Place sweater in washing machine.



3. Wash on Hot/Cold cycle.



4. Add a small amount of detergent.



5. After the sweater is washed, place it in the dryer.



6. Dry on high heat.











7. Decide how long you want your mittens to be. Place your hand on the sweater with the hem of the sweater where you want your mittens to end. (above left shows short mittens, above right shows long mittens)



9. Fold the fabric over, allowing about an inch of the top layer to extend past your open thumb. Mark the fabric.



12. Cut the rectangle in half (along the seam) to form two squares.



10. With a ruler, connect the marks you've made.



13. Each square will make one mitten.



8. Mark the sweater about half an inch beyond your fingers.



11. Cut the square out and open it up to form a rectangular shape.



14. Lay the squares of fabric on your felting mat with the sweater hem closest to you.





Page 2





15. To make simple lines on your mitten material, pull long strips of fiber from your desired color.



18. Test your felting by tugging on your line. If it comes loose, continue felting.



21. Fold the squares in half, with the back side of your felting work facing up.







16. Pin the end your line in place with one needle and begin felting with the other.



19. When your lines are tightly bonded to your material, you are done felting.



22. Place your pinky finger and the outside edge of your arm on the folded edge of the material.



17. Pull the material from your mat often, to release the fibers that have pushed through the material.



20. Look at the back side of your material to see the fibers that you have pushed through with your felting needle.



23. Starting at your pinky finger, trace around your hand.







24. Now place several pins in your mittens to hold them in place while you sew them.



25. Sew a straight stitch along the lines that you drew.



27. Zig-zag stich over the cut edge of the material.



28. Try to keep the zig-zag stitch from overlapping your straight stitch.



26. When the mittens are sewn, cut them out, leaving about a quarter inch of fabric on outer edge of stitches.



29. Turn your mittens.



Now your mittens are complete. You can make a pair to match every outfit!



HAT

Page 4