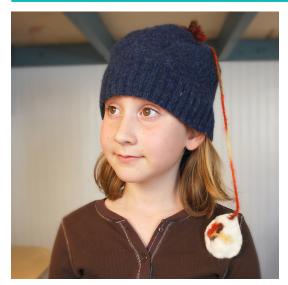
Make a hat (episode 06)





Materials:

stretchy material (T-shirt material, fleece and felted 100% wool sweaters work really well)

needle and thread yarn sticky tape ruler tape measure (optional) scissors



1. Measure your head with a tape measure or a piece of yarn. Olivia's head was 21.5 inches (32 cm) around.



4. Now measure up 8 inches (20.5 cm) along your folded edge and cut from that point across the fabric.



2. Fold the tape measure in half (to your measured number). Cut a small slit in the fabric as a marker.



5. When you open the fabric, you will have a rectangle measuring 8 inches (20.5 cm) tall. The length will equal the circumference of your head. (Olivia's was 8 inches X 21.5 inches.)



3. Cut up 8 inches (20.5 cm) for a child's hat and 10 inches (25.5 cm) for an adult's hat.



6. Fold your fabric inside out and stitch up the side. Use small, tight stitches.



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7. Sew a row of very loose stitches around the top edge of fabric.



8. Pull both ends of the thread to gather top of hat.



9. Stitch several times across the top gather to hold it tightly together. Turn the hat right side out.



10. Tape a 10 inch (25.5 cm) section of yarn to a ruler.



11. Wrap a good amount of yarn around the ruler and taped section of yarn.



12. Remove the tape and tie a tight knot around the wrapped yarn.



13. Cut the wrapped yarn on the OPPOSITE side of the ruler than the knot.



14. If you'd like a thicker pom-pom, make several of these and stitch their centers together.



15. When sewing pom-poms be sure your needle passes through the knot.



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16. Sew your pom-pom to the top of your hat.



When your hat is complete, put it on your head and start another one! Try some zany fabric and yarn for the pom-pom. Hang something fun from the top of your hat or decorate it with buttons, beads or... well, anything you like.

Above all, have fun with it!